

Finding My Way Through the “Noise”

<p>What is “Noise?”</p>	<p>When you encounter many voices, pieces of advice, and expectations coming from well meaning family members, teachers, counselors, and society.</p> <p>These voices tend to drown out your own voice and individual expression and can be referred to as “noise”.</p>
<p>1. Watch the video:</p>	<div data-bbox="802 457 956 636"> </div> <p><u>How to tune out bad advice – and listen to your own voice!</u></p>
<p>2. Log into Naviance</p>	<div data-bbox="902 674 1037 808"> </div> <p>Username: district ID#</p> <p>Password: district password</p>
<p>3. Click Careers > Explore Roadtrip Nation Videos</p>	<div data-bbox="808 835 1539 951"> <div data-bbox="808 835 979 951"> </div> <div data-bbox="987 867 1036 909"> </div> <div data-bbox="1052 856 1539 930"> </div> </div>
<p>4. Click Find your road > Define Your Road. Choose one foundation and two interests to identify and watch videos of leaders.</p>	<div data-bbox="846 982 1482 1230"> <div data-bbox="846 982 1109 1056"> </div> <div data-bbox="1117 1003 1166 1035"> </div> <div data-bbox="1182 982 1482 1056"> </div> <div data-bbox="943 1094 1333 1230"> </div> </div>
<p>5. Click Self-Discovery > Personality to take the survey helping identify your personality and tips for future success.</p>	<div data-bbox="813 1276 1344 1371"> <div data-bbox="813 1276 1036 1371"> </div> <div data-bbox="1044 1308 1092 1350"> </div> <div data-bbox="1109 1287 1344 1360"> </div> </div>
<p>6. Task Completion:</p>	<p>Complete Personality Survey and review your results including tips for success!</p>